Key Facts

We have five senses: sight, hearing, touch, taste, smell. Our senses are important because they send messages to our brain and help us understand what is happening around us.

Sight Our eyes use light to help us see.





Hearing Our ears help us to hear. Sounds travel through our ears to send messages to our brain. Most of our ear is in our head - not the bit we can see! Some people need help hearing.

Touch The organ used for touch is our skin and it covers our whole body. The sense of touch allows us to tell if something is hot or cold, dull or sharp, rough or smooth or wet or dry.

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Smell We can use our nose to smell things. Our sense of smell can also warn us about possible dangers, for example if we smell smoke.



Taste The top surface of the tongue is covered in taste buds. We can taste four separate flavours; sweet, salt, bitter and sour.



Key questions

What can you tell me about our bodies?

How can we make sure we look after our bodies?

What are our senses?

How do we use our senses?

What happens when people's senses are damaged or are not working?

Describe how light helps us to see